

School Counselling

My name is Luci Keenagh and I provide a one to one, confidential counselling service to students at Shaftesbury School on Tuesdays and Wednesdays from 10.00 – 12.00.

My aim is to give each child I meet a safe and empathetic space where they can speak freely about and explore their concerns. Each child who attends is offered 6 sessions of around 50 minutes each, although I try to be flexible in order to best meet their needs. Any pupil is free to come along and see me and arrange their own appointment, or a meeting with me may be suggested to them by a member of staff. In all cases where counselling is offered, it is the child's decision whether or not they wish to begin sessions with me.

Pupils under the age of 14 are encouraged to seek parental consent before counselling can begin. Those over the age of 14 are usually considered to be old enough to make this decision for themselves, although they are still encouraged to share this with parents wherever possible. I find that parents are usually very supportive of my work and I am always happy to speak with them about any concerns they may have, providing this does not break a child's confidentiality.

I work as a member of The Listening Ear, which is a Bournemouth based charity providing professionally qualified and experienced counsellors to schools, youth groups and other young people's organisations. I am a member of the British Association of Counselling and Psychotherapy and work to their guidelines and code of ethics, which include a requirement that my work is monitored by a professionally qualified counselling supervisor. I am also fully trained in child protection procedures and the well-being and safety of each child is central to my work.

Luci Keenagh BA (Hons), Adv. Dip. Couns.